



## The Honey eye color lightening regimen

BY Dream Weaver

Don't underestimate the lighthning power of honey, its been used in ancient Egypt for eye beauty for good reasons and now I want to show you how it started with the discussion which answers a lot of the how to questions.

## The Hony eye color lightening regimen

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## DISCLAIMER OUT OF THE WAY

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*I take no responsibility for any side effect, outcome, or health issues if any should come out of it.*

## The finding of the ancient honey regimen web text

OKAY... it's Not Really Ancient Honey Text LOL But That's How It Feels To Me From How Important This Discussion Is

Hi there and welcome

I'm glad you downloaded this ebook believe me the information in this ebook is worth in gold, you will learn all you need for the honey eye color regimen.

This important information was thought to be lost forever ( okay im turning this into an epic novel :P) but in reality this information is epic.

Because it was one of the first time I actually took actionable steps and it did bring a change that I show on the website, it all started in this discussion a few years back.

The thing is this long discussion was where I collected and updated some of my results, I discussed it with others and also helped some people with their questions, so you get to peak in and get all the goodies without going through our own trial and error!

This discussion was a long A#S discussion, 92 pages to be exact!, and it was lost, or so we thought, but my family doesn't call me the treasure hunter for nothing!

I have found the lost treasure of the honey eye color discussion, and have actually sifted through alot of crap sorry to say, to dig up my

insight and my counselling for some people, this will give you a beginning on how to do the eye color honey regimen right, this ancient "text" from the interweb is all you need to know to lighten your eye color, you dont need to search no more but you need to do one thing for sure. is to frikken focus! stop jumping from one technique to another just stick to this and see.

In the discussion you will learn what is the MUSTS of the honey regimen like:

How many times are you supposed to do it for in a day

How many drops are you suppose to use

And how long did it take me to see the change

so here is the bread and butter enjoy and Allah bless you in your journey.

My nickname in the discussion is buttercup, my answers are usually in the pink background.

And the light background is questions by other members.

## THE DISCUSSION THAT STARTED IT ALL

*hi coffee/chesnut dont get discouraged you just have to change your technique*

*ive been actually following this page since august even though i didnt comment, but i did try it and it did work, my eyes were dark brown and they got really light brown, it was awesome. it even shows in pictures. in a well lighted room my eyes where bright brown compared*

*to before. before that time i had to bring a lamp or flash light to my eyes to see the same results lol.*

*ive tried everything before to get lighter eyes, i did the "change your eye color hypnosis" i saw a slight change but it was me wanting to see something then actual change lol.*

*but i got off track because i got sick and i started working so the last thing on my mind was applying honey to my eyes.*

*however when i did do it i kept it to the basics, i didnt add water or anything that might seem too complicated. just honey and thats it.*

*what i did before was dip my index fingure in the honey jar then take my index fingure and rub it with my other index fingure and then apply*

*it directly to my eyes.*

*the moment i apply it to my eyes me and my sistera call it*

*"transforming" and any time my sister talks to me while i have honey in my eye i tell her " im going through the transformation leave me alone!" and she leaves lol. we say that becuase it reminds us of were*

wolfs :P ( we are so influenced by tv lol) because it does cause some pain but the result are awesome. literly you go to the mirror after 10 minutes and your eyes look clearer. i used to "transform" two times a day.

the honey thing really fixed my red eye problem. a year ago any time i wear eye makeup of any sort i get red lines in my eye, now my eye balls are really white and vibrant.

one thing with honey it is really strong, and even though i did it twice a day, it some times gets too intense for my eyes. so i rest it every two or three days. if i felt like there is more tension in my eyes ( especially if ive been applying twice a day for two consecutive days) i have to take a break for a day or a day and a half at least. it is very much similar to exercise, think about it as a muscle, you cant work the muscle too much without giving it a rest, the resting period is where you can see the change happen.

if you take breaks every two days or a day after you apply you will see result.

my eye color is darker then my sisters and it took me longer but i stuck by it and i did see results. so even if you didnt see it from begining you guys just keep at it, but rest rest rest !

so doing it 6 times a day coffee/chestnut is too much to handle i would

*think, because for me two is enough.*

*i might add pictures later my sister has them hidden somewhere, so once i find them i will add them to a website then post the link here*

*take care and happy eye color change!*

*buttercup*

*but just wanted to say about microwave, its not the safest thing to use,  
i stopped using microwaves for years now. if you want to use that your  
own choice, but i always like to inform pple when i knw something.  
microwaves are radiation waves, so it changes the biochemical  
makeup of food. i dont know if it does that to water but if i were you  
id just used hot boiled water on the stove top. good luck and cant wait  
to see your results*

*im looking for mine now and hopefully i can post them soon*

**buttercup**

**hey guys i posted up my eye pics on a website, take a look at the change, its subtle but its there :)**

**Guest22443408 i didnt add water to my honey. but i was just saying to kelly she should use un microwaved water.**

**here is the website [eyecolorchange.weebly.com/](http://eyecolorchange.weebly.com/)  
enjoy!**

**ps: please i would appreciate it greatly not to have my pictures used for anything but to see the results. i have issue with privay! but i trust most pple are honest and trusth worthy :)**

**take care**

**buttercup**

**"Buttercup, do you have any before pics where you don't have a light pointed at your eyes? It makes it really hard to compare... Appreciate you going out of your way to do this."**

**the last once on the page the only thing i did was point at my eyes and**

take the picture, i had no light pointed at them from any direction,  
just  
normal light in a room  
i actually took all the other pictures out and just left the before and  
after pics that have no flash light or anything pointed to my eyes lool

"Buttercup, how many weeks exactly did you wait?"

i think 3 weeks to maximum a month. i am a muslim and it was  
ramadan when i was doing it. so all i remember is I started doing it  
after ramadan started, and this picture was taken at the end of  
ramadan. ramadan is only a month :)  
buttercup

" and have seen result with using the honey and how to u use it . dou  
use it diluted or just the honey only, thankz in advance."

i dont add anything to the honey, i dip my fingure into the jar, then rib  
my two index fingers togather, and then i rub it in the inner corner of  
each eye ( where the nose bridge is)

*i dont like complications, i keep it simple*

*buttercup*

*"Guest22538410 hi everyone!! Ive been following this discussion for about a month now, Its been about a week that ive been using the honey/water mixture, and am eagerly awaiting results!! i just had a quick question for \*\*Buttercup\*\*, wondering if you've seen any results? and how long have you been using the honey?? THXX Xoxo"*

*hey there :)*

*i have been using it now maybe a month. i dont know if you have read the discussion , but i have tried it before and i posted up some pics. for some its not a big change to me it is!.*

*i have been using honey for a month now i think, and my eye color is a lighter brown. i just moved into a new area, and my family have been commenting on my eye color!. i have a sister that has the lightest brown eyes, now i think i am two or 3 shades away from her color! im offically the second lightest eye color in the family :P ( yes its all brown but still counts lol)*

*so im keeping up, i dont know if the color will change to lighter, or stay, im a little nervous lol, i feel it will change ( at least hoping) becuase the change that i went through already is unbelievable. one thing i have said before and i will say it again, is dont over do it,*

*its like exercising, you have to have a resting period to see the result, you cant expect to see muscle building when your constantly exercising. same thing with this. i dont put it on everyday, i do it every two days. or depending on how my eyes are feeling, if i feel they are tense, i go for a few days.*

*hope this helps*

*take care*

*Buttercup*

*"I've got a question for buttercup,*

*I know you said you did about every 2 days and someone else has said*

*that they only saw change once they took a break but I've heard of people saying that once they stop, even for a few days, that their eyes*

*immediately return back to its normal dark color. This doesn't happen*

*to you? Or do you like notice the change more when you stop?*

*Because I have stopped for a day or 2 and when I do that my eyes go back to dark brown so I was worried about taking breaks... thanks in advance*

*-acsecnarf"*

**hi acsecnarf**

**good question, i noticed for instance if i go more then like almost a week ( maybe 6 days) without it then my eye color start to dim alittle. to be honest thats what happened to me yesterday, i have just moved into a new place and barely had the time to do the honey. but my eye looked great, however last night i noticed it dimmed a little so i went and added some honey to my eyes and it was back. so i think basically take breaks, dont leave it lool. but i think see how you react to it, if you feel taking 2 days is too much for you then do it everyday. every eyes are different, so maybe your eyes dont need too much breaks. hope it answered your question.**

**"cling here**

**to buttercup: how long do i have to keep the honey in my eyes? i mean, do i put honey in there and that's it or do i have to wash my eyes with water after like 10 minutes or so?"**

**hi cling, i basically add the honey, close my eyes, and take maybe 5 to**

10 minutes, depending on when the "stinging" sensation stops lol.  
once it stops i go and wash my eyes :)  
hope that helps

"got it. thanks so much for everything, buttercup! you've helped  
countless in this page. thanks! :)"

no problem hun, i love to help! :D

"Hi Buttercup!

Thankyou for all the answers!,

I noticed you said you put honey directly in the cornerof your eyes,  
im  
just wondering do you rub it on the white part of your eye? or the  
red/pink corner?? also is it normal for your eyes to get a little red  
after  
you put it in??

**Thankyou So much,**

**Kate"**

**hi there kate, yes i try to rub it on the white part of my eye. i start of at the corner then try to at least glide it side ways to let it touch the white part. yes its totally normal for your eyes to get red, for like 5 minutes. but then its sparkly and vibrant and your very welcome**

**" thanks buttercup! you're absolutely helpful :)**

**so i've read this thread and saw your webpage and i think you did the honey thing for a month and then stopped right. and then you've started up again and now you've done it for a month so far i think... when you re-started did you notice the lightening effect happen even**

*faster than the first time you did it? or is the change after this month the same as it was the last time you did it? and how light would you say your eyes are? like are they like a reddish mohogany brown or is it a more gold brown almost honey colored? i've done it for about 2 weeks and no changes yet and i do the same thing as you. :/*

*thanks again!*

*-acsecnarf"*

*hey acsecnarf :)*

*it actually took a longer time for me to see result this second time then the last time. at one point i didnt see a change at all, i was a little discouraged. then when i started taking breaks i saw faster results. i think my color now is redish mahogany or almost close to that. i didnt understand why it was taking longer! made me crazy, but i stuck by it. then i figured out why, the amount of honey i started adding changed dramatically compared to the first time i did it. instead of adding a small drop of honey in each eye, i actually started adding a big blob of it in my eyes lol. i was telling my sister i think thats why my progress*

stalled. so i started doing it the old way now, and hoping i'll see a faster change.

so i say if you are doing it for two weeks and havent seen result, dont worry about it, just keep doing it, keep thinking of the long term results, not only for your eye color, but your eyes health :D

i red somewhere on yahoo, that a girls eye color changed cus her gramma always made them put honey in there eye, she and her sister have light eyes now. but as she said it took a long time. so if anyone wants to do this, i think they MUST see it as a long term thing not a short term thing. but i believe with time, the color will change, its only natural. since hydrogen peroxide is the active ingredient in honey that makes it a disinfectent, and its a bleaching agent ,with time, it will naturally change the eye color. to me when i think of the color change that happends, even if it changed it from dark brown to lighter brown for me, thats BIG proof for me. i mean i have for years tried to lighten my eye color, NOTHING worked, not even hypnosis. and just by applying honey this happend. that is just cool!

just keep it up,at two weeks i didnt see results either even the first time i did it, but in a little while, you will notice a big change!

:) buttercup

once again buttercup, thank you so much! you are always so thorough

*in your replies :) i agree, it is definitely a long term thing. i think i know which yahoo question you're talking about. it was the girl's reply*

*that got me interested in honey for lightening eyes in the first place! i believe she said her eyes turned light brown and her sister's turned bright green right? lol. well i will not lose faith and keep this up and hope for the best! and i will take breaks too :)*

*-acsecnarf*

*no prblem we help each other out, when we help each other we'll know for sure that its the real thing or if it doesnt really work :)*

*loooooooooooooooooool i think every body red that yahoo thread. i hope all of us get great results!*

*you know whats weirds, ive been using a really good form of honey in my country. but i dont have organic, still its really good. yesterday moms comes to me holding a jar of raw un filtered honey, we didnt know we had it, its been in a bag for a year!. i couldnt believe it. its organic raw unfiltered honey !*

*i got scared cus i know honey doesnt rotten but still, anyways i will be using it!. i hope i see great result with it, if not ill go back to the*

**normal honey i use.**

**"i have a question..what kind of honey can i use?? can i use manuka honey?? and are u guys FOR SURE will not get me blind? i need my eyes for my career but i RLY want light eyes. i wanted light eyes for many many many years "**

**lool i can promise you anything, all i can tell you is i didnt go blind, and i know i wont :)**

**its only honey i put eye liner and never doubt how its made, honey is natural so im not worried about it**

**buttercup**

**"i tried putting organic honey + water ..and put drops in my eyes. it stings and it goes away. but later on my eyes get kinda dry and near the tear ducts..it feels ..weird. is this all normal???!!! plz help"**

*i dont know what you mean exactly, but usaly i get a try but sticky patch wherethe honey touched all i do it wash my face and its gone*

*buttercup*

*i'm curious about buttercup's opinion on this regimen. you said you saw a reddich brown color in july, which is what like 3 months after you started? but buttercup saw that color after only 1 month and she only put in a little bit 2x a day, and even gave it breaks. i'm curious about how much is enough to see actual change*

## How to Make This Work for You

*Understand that the honey technique will work for you because it worked for other people as well.*

*The problem with most people that don't see result is they don't expect a change. They don't understand the mind body connection.*

*I didn't understand it before but I accidentally ( or more had an epiphany of how to do it!)*

*And I applied it to my regimen and that's where I started seeing reactions from other people.*

*And the closest people to me, my sibling and my mom and dad and to them they were shocked and surprised, but my dad to this day thinks it was lenses.*

*However now in my family they believe my eyes go from brown to grey which never happened to me before! I always was somewhat jealous of people where there eye color changes with the weather and mood and now my eyes are considered like that by my mom and brother ( dad is another story lol he thinks I was lying)*

*So how did i get the result I wanted?*

*I discuss my methods in my one of a kind ebook where I outline my signature method!*

<http://eyecolorchange.weebly.com/>

*I don't have grey eyes right now, but that is because I didn't keep it up, as my sister said if I want to I could have actually changed it if I kept it up. But... my family still sees me having changing color eyes! That's the best part! When actual results happen and your family cant disprove it especially the really un apologetic and who never notice change lol*

*Good luck on your eye color journey and if you really want to know my method head over and get a copy of my ebook*

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*I love you all and send hope of Allahs blessings and mercy to you in your eye color journey!*

*If this book helped you in anyway please send me an email, I would love to add testimonials where more people can see that eye color can change and can help other people have faith !*

Thank you

Dream weaver

Visit my website for more detail at

<http://eyecolorchange.weebly.com/>